

This is a poem was part of an offering that I would like to pass on to you. I felt it summed up such a deep journey with such possibility for more.

Now I Become Myself

by *May Sarton*

Now I become myself. It's taken Time, many years and places;
I have been dissolved and shaken,
Worn other people's faces, Run madly, as if Time were there,
Terribly old, crying a warning,
"Hurry, you will be dead before--"
(What? Before you reach the morning?
Or the end of the poem is clear?
Or love safe in the walled city?)
Now to stand still, to be here,
Feel my own weight and density!
The black shadow on the paper
Is my hand; the shadow of a word
As thought shapes the shaper
Falls heavy on the page, is heard.
All fuses now, falls into place
From wish to action, word to silence,
My work, my love, my time, my face
Gathered into one intense
Gesture of growing like a plant.
As slowly as the ripening fruit
Fertile, detached, and always spent,
Fails but does not exhaust the root,
So all the poem is, can give,
Grows in me to become the song,
Made so and rooted by love.
Now there is time and Time is young.
O, in this single hour I live
All of myself and do not move.
I, the pursued, who madly ran ,
Stand still, stand still, and stop the sun!

I left the weekend feeling full, satisfied and looking forward to seeing everyone in October.